and sexual identity issues by Joseph Harry, associate professor of sociology at Northern Illinois University. The second article, "Gay Male and Lesbian Youth Suicide", by Paul Gibson, discusses the many facets of adolescent homosexuality including transsexual youth and minority gay youth. Risk factors for gay and lesbian youth are also discussed. The author writes about changes that can be made to reduce the risk factors for gay and lesbian youths.

Stress Management Workbook for Senior High School Students — Teacher Guide. Vancouver, British Columbia: Western Center for Preventive and Behavioral Medicine Inc., 1982.

C URRICULUM MATERIALS

Abrams, Grace C., and Fran C. Schmidt. Activities for Exploring Conflict and Aggression. Portland, ME: J. Weston Walch, 1978.

Teaches students about how conflict originates and escalates and provides methods for dealing with it.

Kramer, Patricia, and Linda Frazer. Dynamics of Relationships: A Prevention Program for Young People (\$27.80). A Prevention Program for Teens (\$27.80). Equal Partners, 11348 Connecticut Avenue, Kensington, MD 20895. Second edition, revised 12/87.

Two editions, one for 4th - 7th graders and one for 8th - 12th graders, each with a teacher's manual. Focuses on prevention of social problems and crisis issues, such as teen pregnancy, suicide, drug and alcohol abuse, dropouts and violence, by assisting young people in the development of a strong sense of self worth to help build resistance to negative behaviors, more effective communication skills to handle anger and conflict on a safe level, and clearer and more realistic expectations about their roles in relationships and family life, gender roles, affection/touching, friendship and dating, love, marriage and parenting. The latter subjects are covered in the older teen program only. Program is developed to be implemented on a regular basis in the classroom or other setting. Format is a reader with discussion questions. Includes many personal issues not found in other curricula, i.e. power, Jealousy, kinds of love, and affection/touching. Soft cover bound format. 123 pages (elementary text), 322 pages (secondary text). Book 1 of 2.

Neidhardt, E.J., and I.S. Lee. Stress Management Workbook. Vancouver, British Columbia: Western Center for Preventive and Behavioral Medicine, Inc., 1982.

A program for helping senior high school students cope with stress. Physical relaxation and mental exercises such as visualization, clearing and thought stopping are included in the program. Student Workbook and Teacher Guide.

Southern California Coalition on Battered Women. Skills for Violence-Free Relationships: Curriculum for Young People Ages 13-18. ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061. (408)438-4060. \$18.95.

Developed for teachers, shelter workers and youth advocates to stimulate teenagers to



50 Suilding Blocks